

WOMEN

A FORCE IN BUSINESS

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Bridgett McGowen
Speaker and Author
BMcTALKS, LLC



Bridgett McGowen is an award-winning international professional speaker; a Forbes contributor; a leadership network member with Entrepreneur; the founder and owner of BMcTALKS Press, an independent publishing company; and the founder and owner of BMcTALKS Academy where she helps professionals reach the masses by monetizing their expertise!

Bridgett has been a professional speaker since 2001 and has spoken on programs alongside prominent figures such as former President Barack Obama, Deepak Chopra, Alex Rodriguez (A-Rod), Oprah Winfrey, Shonda Rhimes, Kim Coles, Janelle Monae, and Katie Couric.

The prestigious University of Texas at Austin presented her with a Master Presenter Award; Canada-based One Woman has presented her with two Fearless Woman Awards; and she has facilitated hundreds of workshops, keynote and commencement addresses, conference sessions, trainings, and webinars to thousands of students and professionals who are positioned all around the globe.

Bridgett's expertise and presentations have been sought after by companies, post-secondary institutions, and organizations such as Vanguard Investments, LifeLock, Symantec, Kentucky Fried Chicken, McGraw- Hill Education, LinkedIn Local, Association for Talent Development, Doña Ana Community College, National Association of Women Sales Professionals, Independence University, Turnitin, National Association of Black Accountants, and Society for Human Resource Management (SHRM). She has been quoted by Transizion, has contributed to UpJourney, and has appeared as a guest on The Training and Learning Development Company's TLDCast as well as Phoenix Business Radio to showcase her expertise in the professional speaking industry. Her work in professional speaking and public speaking coaching has been highlighted by VoyagePhoenix Magazine; award-winning branding and consulting agency, Catalyst; The Startup Growth; and her alma mater, Prairie View A&M University, the second oldest institution of higher education in the state of Texas.

Bridgett has also taught for Prairie View A&M University, which is a part of the Texas A&M University System; Lone Star College System; and University of Phoenix. She has earned a bachelor's degree in Communication and a master's degree and is a member of Alpha Kappa Alpha Sorority, Incorporated.

Bridgett is also the author of *Rise and Sizzle: Daily Communication and Presentation Strategies for Sales, Business, and Higher Ed Pros*, *Show Up and Show Out: 52 Communication Habits to Make You Unforgettable*, *Own the Microphone: How 50 of the World's Best Professional Speakers Launched Their Careers (And How You Can, Too!)*, and *REAL TALK: What Other Experts Won't Tell You About How to Make Presentations That Sizzle*, the latter of which sold out within minutes of her presentation concluding at the 76th Annual Association for Talent Development's International Conference and Exposition in Washington, D.C. In response to the COVID-19 pandemic, she collaborated with six members of her community and wrote and released *Triumph Over the Trials. Redesign Your 9-to-5*, an amazing collaboration with 50 business owners and entrepreneurs from around the globe, published in June of 2020, and her new podcast, "Own the Microphone," plus *A Collective Breath*, which is her next book compilation, are both slated for summer 2020 releases. An additional book project that is currently in the works, *Women Who Rise*, is slated for an early-2021 release.

Bridgett's mission is to help as many professionals as possible get the tools and skills they need to master their messages so that they can turn their voices into powerhouses, inspire millions, and build serious skill sets and mindsets that will lead to more and more opportunities.

Bridgett lives with her family in the Phoenix, Arizona area, and she absolutely loves beautiful sunsets.