

WOMEN

A FORCE IN BUSINESS

NOVEMBER 17, 2020 | VIRTUAL

Laura Wallace, MSW
Mental Wellbeing Coach
Simple Change



Laura Wallace graduated from Smith College in 1987 and received her Master's Degree in Social Work from UNC Chapel-Hill in 1995.

She worked as the Senior Manager of Work-Life Balance and Employee Assistance Programs at SAS for 14 years; before SAS, she was the Work/Family Program Manager at UNC Chapel-Hill.

She has almost 30 years of experience working with individuals and families in many capacities, including: small business consulting, leadership development, coaching, and leading groups on topics ranging from step-parenting to grief and loss.

She is a trained Grief Counselor, Mediator and Facilitator, and enjoys teaching workshops, creating curriculum and leading groups.