

WOMEN A FORCE IN BUSINESS

MAY 26, 2021 > CHARLOTTE, NC > VIRTUAL

Ericka Ellis-Stewart
Director of Education & Advocacy
Mental Health America of Central Carolinas



Ericka Ellis-Stewart is an advocate for public education, the environment, and mental health. In 2019, the Black Mental Health Symposium recognized Ericka as the Mental Health Advocate of the Year. Since 2015, Ericka has worked for Mental Health America of Central Carolinas, a local non-profit which promotes mental health through advocacy, education, and prevention. Ericka currently serves as MHA's Director of Education & Advocacy. She is a nationally certified Mental Health First Aid (MHFA) trainer. Ericka is also certified to teach the QPR (Question, Persuade, and Refer) Suicide Prevention curricula to adult and youth populations. Ms. Ellis-Stewart is also a Master Trainer with the QPR Institute in Spokane, WA.

Ms. Ellis-Stewart is currently completing the Resilience Educator Apprenticeship Program (REAP) with the Resources for Resilience as a part of Mecklenburg County's ReCAST grant and pursuing a master's degree in Health Administration. She recently became a Certified Peer Support Specialist through NC DHHS. Ericka is a former elected official; she served eight years on the Charlotte-Mecklenburg Board of Education and served as the School Board Chair in 2012. Ericka also served two-term as a member of the National School Boards Associations (NSBA) Council of Urban Boards of Education (CUBE) national steering committee. She is President-Elect of the Queens University of Charlotte Alumni Board. Ericka is married to Charlotte native, Marcus Stewart and they have two adult children, a newly minted PR professional and a lawyer in training.