

AN NC CHAMBER EVENT

# Health Care Conference

SEPTEMBER 14, 2023  
DURHAM, NC

## **Anuradha Rao-Patel**

**Associate Vice President & Senior Medical Director, Government Markets  
Blue Cross and Blue Shield of North Carolina**

Dr. Anuradha Rao-Patel is Associate Vice-President and Senior Medical Director for Government Markets at Blue Cross and Blue Shield of North Carolina (Blue Cross NC). In that role, she serves as the primary interface between Blue Cross NC and its clinical partners. She also provides clinical-focused leadership to drive the organizational pursuit of high quality and cost-effective care for government programs. In addition to this role, Dr. Rao-Patel has led an internal opioid workgroup for Blue Cross NC and works collaboratively with other key stakeholders at both state and national levels to identify solutions and best practices on the prevention and treatment of substance use disorders while focusing on effective care coordination for member-focused care delivery. Dr. Rao-Patel attended medical school at Louisiana State University in New Orleans and completed her internship in Internal Medicine at Earl K. Long Hospital in Baton Rouge. She completed her residency in Physical Medicine and Rehabilitation at Sinai Hospital in Baltimore, Maryland. Prior to joining Blue Cross NC, she was in private practice providing services for chronic pain management and addiction management. She remains clinically active.

