

Business Summit on Mental Health

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J'vaneté Skiba
Executive Director
New Hanover County Resiliency Task Force

From a young age, J'vaneté dreamed of two seemingly disparate careers: a lawyer and a cheerleader. This unique combination reflects her lifelong passion for advocacy, support, and empowerment. Today, as the Director of the New Hanover County Resiliency Task Force, she embodies these aspirations by fostering a more compassionate and resilient community.

In her role, J'vaneté is dedicated to nurturing strong partnerships with community leaders and organizations. She provides thought leadership and professional development in trauma-informed and resilience-focused practices, aiming to create a culture of support and understanding throughout the community. Her favorite aspect of her work is the opportunity to bring resilience skills to the community, forging connections across various sectors—from educators and first responders to local businesses.

J'vaneté holds a Master degree in Education with a specialization in Neuroscience and Trauma, along with Professional Certificates in Trauma and Resilience. She is a certified Community Resiliency Model trainer and a Reconnect for Resilience Educator. Her academic and professional work has emphasized the importance of addressing racial trauma and implementing trauma-informed approaches that prioritize racial equity.

In addition to her current role, J'vaneté has a background in advocacy as a Voter Engagement Specialist and has worked in special education as a paraeducator. Her diverse experiences have equipped her with a unique perspective on the challenges faced by individuals and communities, further fueling her commitment to resilience and advocacy.

Through her work, J'vaneté continues to inspire others, proving that with the right support and resources, communities can thrive and overcome adversity.

