

NC Chamber

Business Summit on Mental Health

MAY 13, 2026

Steve Smith Sr.

Steve Smith Sr. is one of the most electrifying wide receivers in NFL history and a future Hall of Famer. Over 16 seasons with the Carolina Panthers and Baltimore Ravens, Smith amassed 14,731 receiving yards, 1,031 receptions, and 81 touchdowns, finishing his career among the top ten receivers of all time. In 2005, he became one of five post-1970 merger players to win the receiving Triple Crown, leading the NFL in catches, yards, and touchdowns in the same season. A five-time Pro Bowl selection and four-time All-Pro, Smith is the Panthers' all-time leader in receiving yards and total touchdowns, and one of the most physically dominant and mentally competitive players the game has ever seen.



Today, he brings that same intensity to ESPN as an NFL analyst, reaching millions of fans each week. Off the field, Smith founded the Steve Smith Family Foundation in 2013, focused on the mental health and wellness of families and underserved communities in Charlotte. The foundation operates a Behavioral Health Urgent Care facility and a medical clinic serving low-income families, including those without insurance. Beyond football, Smith channels his competitive spirit into golf through Ironed Out, his golf-themed channel and podcast, and hosts The 89 Show, also available on podcast platforms.