

NC Chamber

Business Summit on Mental Health

MAY 13, 2026

First Lady Anna Stein

A proud North Carolinian, Anna Stein was born in Surry County and grew up in Greenville and Winston-Salem. Anna has long been a public health advocate and public servant. She obtained her law degree and master's in public health from the University of North Carolina at Chapel Hill. Before becoming North Carolina's First Lady in 2025, she served as an agency legal specialist for more than 12 years at the NC Division of Public Health. As First Lady, she works to end the stigma around substance use and mental health disorders, and she supports improved rehabilitation and reentry programming in our state's prisons . She also promotes rural tourism to help support the economic vitality of our rural communities. When not traveling the state, she enjoys time with her husband, Josh; her adult children, Sam, Adam, and Leah; and her rescue dogs, Lila and Harper.

