

AN NC CHAMBER EVENT

# Business Summit on Mental Health

MAY 13, 2025  
DURHAM, NC

**Lindsey Sullivan**  
Health Strategist  
AppHealthCare

Lindsey Sullivan serves as the Health Strategist for AppHealthCare, where she acts as a connector, convener, and catalyst to align local efforts around community health. In this role, she helps guide public health work beyond clinic walls- addressing the root causes of health through cross-sector partnerships, data-informed decision-making, and systems-level strategies. Lindsey moved to Boone in 2008 and holds a Bachelor's in Psychology and a Master's in Social Work from Appalachian State University. She began with AppHealthCare as an MSW intern in 2018 and officially joined the team in 2020. Her work has supported recovery efforts following Hurricane Helene, with a focus on mental health and workplace resilience in western North Carolina. Outside of work, Lindsey enjoys baking, relaxing on the porch swing while taking in the mountain sights and sounds, and having impromptu dance parties with her husband, Seth, and their children, Bertie and Lee.

